



Event

Take Part in The Biggest Food & Beverage, Horeca and Bakery Exhibition Indonesia !!

Exhibition is OPEN 2 DAYS AGAIN !!

Wednesday - Saturday  
**28-31 AUGUST**  
 HALL A & D1, D2 2013  
 Jakarta International Expo - Kemayoran  
**InterFOOD**  
 INDONESIA

**Competition**  
 • Indonesia Culinary Challenge with ICA  
 • Indonesia Chocolate Master Cup with IPA & Tulip Chocolate  
 • UBI barista Challenge - Latte Art Competition

**Programmes**  
 \* SMS or Email for Training & Workshop Registration (Limited Enrolment)

**INTERFOOD - FOOD & BEVERAGE EXPO 2013**  
 The 13th International Exhibition on Food & Beverage Products, Technology, Ingredients, Additives, Raw Materials, Services, Equipments, Supplies

• Food Beverage Products • Ingredients • Bakery • Hotel Restaurant Cafe  
 • Catering • Service Equipment • Herbal • Food & Retail Tech • Franchise • etc ..

**Training & Workshop**  
 • How to be Celebrity Chef, 29-31 Agustus with : Arnoldy Firdando & Margie Gunawan (sms only : 0812 9691 1893)  
 • Cheese Making Course, 28 Agustus with : Tri Haryanto (sms only : 0812 9691 3696)  
 • Chocolate Making School 28-30 Agustus (sms only : 0812 9691 1884)  
 • Cooking Course with Desi 29-31 Agustus (sms only : 0812 9691 1858)  
 • Cake Decorator Display (sms only : 0812 9691 1897)

**Cooking, Baking Demo & Others**  
 • Baking, Cooking Centre Stage  
 • Gastronomi Experience  
 • Wedding Cake Decoration with ABI  
 • and many more with Chef Cessar, Haryanto Makmoer & Team, Chef Yongki Gunawan Chef Martin Scala (Argentina), & Ny. Liem / Ibu Aoen

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Travel

# Where the sedentary tourist can still get out there in Asia

Across Asia, icons fulfill our fantasies of the destination. Rice paddies. Imperial citadels. Moats. Indigenous dance. The upturned eaves of massive but graceful roofs. The jungle. A beach that served as backdrop to a hit TV drama.

Usually, we're obliged to seek out these distinctive Asian landscapes and architecture, guidebook in hand, camera at the ready. But for every active tourist, who's moving from dawn to dusk, ticking icons off their bucket list, there is the leisure traveler who wants more leisure than travel.

Fortunately, throughout Asia, there is accommodation where such travelers can plant himself or herself in a hotel room or on a terrace such that the icon is in full flourish right before you.

**Kecak Dance  
 The Chedi Club Tanah Gajah  
 Ubud, Bali**

Without leaving the confines of the resort itself, catch a performance of traditional Balinese dance and drama. Staged under the stars in the resort's on-site amphitheater, the *Kecak* cultural dance show features a local dance troupe of 80 to 100 bare-chested male performers, who chant and dance in a trancelike state in concentric rings around an open flame.

The *Kecak* has roots in the *sanghyang*, and originated in Bali in the 1930s. Also known as the Ramayana Monkey Chant, the piece depicts a battle from the Ramayana where the monkey-like Vanara assists Prince Rama in fighting the evil King Ravana. There is no musical accompaniment; rhythm is provided by a "monkey chorus" who wear checked cloths around their waists and act as various monkey armies in the story.

**Imperial Palace Gardens  
 Palace Hotel Tokyo  
 Tokyo, Japan**

If you've never lived within the walls of a moat, the next best thing is a prime, moat-side

accommodation experience. At the new Palace Hotel Tokyo, guests borrow the comforting buffer of a moat every morning as they dine on the outdoor terrace of the hotel's Grand Kitchen. Across the waters, *aji* stones case the upper reaches of the moat's walls, while over the waters swans cruise through the heart of Tokyo.

From the hotel's upper floors, balconies and expansive views deliver the most magnificent vista in all Tokyo, from swards of black pines, so deliberately planted, to the monuments of the Imperial Palace Gardens. Visible from nearly every room in the hotel, the Palace's Fujimi-yagura (Fuji-view Keep) is a lure to some of Tokyo's most hallowed ground. Though most of the palace's structures were lost to Allied bombing in May 1945, the grounds make for fascinating perambulation, from the Nij-bashi Bridge to the Ninomaru Gardens to the *aji*-stone cased walls and ramparts that evoke the romantic appeal of vanished Japan.

**Flagtower Bastion  
 La Residence Hotel & Spa  
 Hue, Vietnam**

From myriad terraces, from balconies, even from the hotel's top floor fitness center, the view drinks in the Flagtower Bastion of the Hue Citadel. Work on the 1.5-square-mile Citadel began



Palace Hotel Tokyo



La Residence Hotel & Spa

in earnest in 1804 after the first emperor of the Nguyen Dynasty, Gia Long, consolidated his hold on the country and set 30,000 conscripts to work. Modeled on designs by the 17th Century French military architect, Sebastien de Vauban the Citadel emerged as Vietnam's most imposing Citadel (there were others in Hanoi, Saigon and even Nha Trang).

During the First Indochina War in 1947, and during the Vietnam War in 1968, battles raged within the walls of the Citadel. The walls and bastions suffered from all the tribulation, but Vietnamese preservationists busied themselves on the brickworks after the war. Today, the Flagtower Bastion looms over a 165-foot wide moat, and the Perfume River.

**The Mighty Mekong  
 Kamu Lodge Experience  
 Mekong River, Laos**

There's isn't much electricity here, or any mobile phone coverage. Forget about WiFi, or cable television, or air conditioning, which is all rather the point, anyway. From verandas that apron each of these hybrid safari-tent and thatched-sala lodges, there is a view of the mighty Mekong, and the verdurous, jungled slopes across the river.

Contemplation is what the experience is all about — contemplation of the sluggish, coffee-colored flow of the world's 7th longest river and the natural



Kamu Lodge

cacophony of the jungle environs, 35 kilometers upstream from Luang Prabang. Here, there's little visual difference between what you see today and the days of the great French exploring expeditions of the 1860s when Francis Garnier and company journeyed past these banks, traveling toward the source of the Mekong, or when Henri Mouhot, the re-discoverer of Angkor, traipsed these jungles as a naturalist. Of course, if contemplation alone isn't all that enticing, there's a spa sala perched on the edge of the river. Ah, Asia.

**Icons of War Photography  
 Caravelle Hotel  
 Ho Chi Minh City, Vietnam**

"Saigon ... s\*\*\*," Martin Sheen says as *Apocalypse Now* gets underway. "I'm still only in Saigon." The prettiest, most exotic name of any in Asia, the city's stature as a one-time Paris of the Orient is now being subsumed by the headlong rush to better economic times. In that rush, the old colonial villas and magisterial French edifices are falling victim to wrecking balls. But there are flickerings of old Saigon still, if you know where to look.

From the Saigon Bar of the Caravelle Hotel, look up Dong Street toward the landmark 1880-built Notre Dame Cathedral, and then, halfway to the basilica, swerve your sight to the right for a glimpse of the elevator penthouse shaft made famous by Hubert Van Es's 1975 snap of refugees scaling a steep ladder to the skids of a helicopter. It used to be that most of the rooms at the front of Caravelle, itself one of the most famous war hotels ever, gave up a view of the penthouse. But an intervening skyscraper clipped the sight line. Still, all those rooms at the front of the hotel do offer a glimpse of another icon, the 1897-built Opera House.

**China Beach  
 The Nam Hai  
 Hoi An, Vietnam**

There might not be a better balcony on the Pacific than the east end of this acclaimed resort's Olympic-sized, infinity-edged swimming pool. From there,



The Nam Hai

behold a stretch of golden sand the Vietnamese know by various names — My Khe, Non Nuoc, Ha My — but Westerners refer to as China Beach. The swath is framed to the north by the Son Tra Peninsula, which American GIs called Monkey Mountain during the Vietnam War, and to the south by the rugged Cham Islands, located just nine miles offshore.

From 1988-1991, China Beach was immortalized by an American TV series of same name. The beach gained additional fame in 2005, when it was called out by Forbes magazine as one of the 10 most luxurious beaches in the world.

— THIS ARTICLE PROVIDED BY BALCONY MEDIA GROUP.



Caravelle Hotel

Bali Expose

Bali Hyatt to undergo extensive renovations beginning in November

The Bali Hyatt will be closed beginning Nov. 14 to allow for a large scale, 24-month renovation project to take place at the hotel.

This project will mark 40 years since the Bali Hyatt's official opening on Nov. 14, 1973. Many of the hotel's traditional design features will be retained, while substantial enhancements to the overall guest experience will be introduced.

Tokyo-based interior designers SPIN will incorporate authentic Balinese features for the Bali Hyatt's updated looks. Renovations will focus on guestrooms, public areas, dining and meeting facilities and the property's garden areas.

Upon its reopening, which is anticipated to happen by the last quarter of 2015, the hotel will be renamed the Hyatt Regency Bali.

"Bali Hyatt will celebrate forty years in November, and the hotel has truly stood the test of time," said Pete Sears, senior vice president of operations, Asia Pacific, Hyatt Hotels & Resorts. "It is imperative that we continue to offer a strong, locally focused experience, while catering to the growing preferences of our loyal leisure and business guests."



Courtesy of Bali Hyatt



The Chedi Club